



Victory Times



Vol. II, Issue 48

Telling the Camp Victory story

May 6, 2006

V Corps reaches 100 days in country

Progress continues as Iraqi government and security forces rebuild

Story by Spc. James P. Hunter
MNC-I PAO

Over the last three years, Operation Iraqi Freedom has been in full swing with Coalition Forces thwarting insurgency and rebuilding a devastated country. V Corps took over the lead from XIII Airborne Corps, Jan. 19, as Multi-National Corps-Iraq, to continue the rebuilding and reforming of the Iraqi government, police and military.

Now, with over 100 days in country, MNC-I has seen forward progress for Iraq and continued success from the multi-national troops.

"What we've learned in the first hundred days is that this whole operation is evolving everyday," said Command Sgt. Maj. Ralph R. Beam, command sergeant major, Multi-National Corps-Iraq. "It's changed

dramatically from day one when we started on 19 January to today with the way everything is going, how the Iraqi government is standing up, the

development of the Iraqi Security Forces and how we are dealing with and helping push (the Iraqis) forward."

Beam said the troops within V Corps—3rd Corps Support Command, 22nd Signal Brigade, 30th Medical Brigade and V Corps Artillery-- are the core to the continued success of operations throughout Iraq.

"(Families) ought to be proud of what their Soldiers are doing," he said. "They are performing magnificently. They are performing safely.

"They've got their head in the game, they're focused on what needs to be done, and we're looking forward to the day we can return back home to them," he added.

Beam wants families to know the operation thus far has been a success.

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Archived Photo

Maj. Gen. Piotr Czerwinski, (left) commander, Multinational Division Central South, signs 25 percent of Iraq over to Maj. Gen. Othman Ali Farhood, commander, Iraqi 8th Division during an assumption of battlespace ceremony earlier in the year.

Camp Victory Three-day forecast

Sunday



Sunny
High: 102 F
Low: 77 F

Monday



Mostly Sunny
High: 101 F
Low: 74 F

Tuesday



Sunny
High: 101 F
Low: 74 F

In today's Victory Times:

Page 2: Marines build camaraderie, Faces of Freedom

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Troops build camaraderie through Marine night

**Story and photo by
Lance Cpl. Drew Hendricks
MNC-I PAO**

Marines who may feel a bit outnumbered, and a little out of place surrounded by all the other servicemembers and the lack of fellow Marines, can enjoy a little Devil Dog camaraderie every Thursday on the roof of building 64.

Marine night is an escape from those long hours and mundane duties, a way for Marines to get together, share stories and reestablish that bond they share as Marines, said Staff Sgt. Ryan Kohrig, Personal Security Detail chief, chief of staff.

"In our Corps, it is always important for the brotherhood to gather," said Maj. Gen. Thomas L. Moore, Chief of Staff, Multi-National Force-Iraq. "This is an opportunity to come together as Marines; it's also nice to have a little taste of America here in the middle of Iraq."

Though Marines are few around Victory Base Complex, they manage to find their place and get the job done, said Moore.

"I think wherever Marines go, they carve out a space for themselves and if there is a mission to do or a job to be done, they are the first to get in line and do it," said Moore.

Marines are not the only troops Moore is impressed with.

"I am very impressed with every one of the military members that I have met in this command, because they are motivated, they

understand the significance of what they are trying to do and they understand that they are a part of history as we try to help the Iraqis develop their nation and bring a government up on line," he added. "It's an honor to be associated with these people who are so dedicated and who work so hard."



Marines and fellow servicemembers enjoy a few laughs at Marine night, Thursday.

Some Marines, like Maj. R. S. Rayfield Jr., find Marine night to be a great example of continuing tradition throughout the Corps.

"It does my heart good after having been out nine years and coming back in off the retired list, to see stuff like this still going on," said Rayfield. "It's a good time for all hands to get together and show the other services the kind of camaraderie we have as Marines."

Rayfield noted people from other services don't completely understand the

level of camaraderie Marines share.

"A senior officer said to me just the other day 'I don't know what it is. I will be walking with a Marine and he will see another Marine and they'll just start yakking, and they don't even know each other.' That's a testament to the brotherhood that the Marine Corps has fostered in us," said Rayfield. "We share a real common bond; every Marine has earned their title."

Marine night is open to all Marines and friends of Marines, every Thursday at 8 p.m.

FACES OF FREEDOM



Iraqi children pose for a photo in Kadamiyah. This area is where nearly 160 families congregated after receiving or perceiving threats to their safety during heightened sectarian violence. The Iraqis, internally displaced persons, moved from their homes in Abu Ghraib to this area. Currently they have no running water or electricity. Civil affairs teams are working with the Iraqi government to aid displaced Iraqis throughout Baghdad. (U.S. Army photo by Sgt. Tom Conning, MNC-I PAO)



U.S. Army photo by Spc. James P. Hunter, MNC-I PAO

Iraqi Children smile as troops from 1st Platoon, Company B, 1st Battalion, 17th Infantry Regiment, 172nd Stryker Brigade Combat Team, and Iraqi troops with the 1st Battalion, 2nd Brigade, 2nd Infantry Division conducted a dismounted patrol on the streets of Islah Zerla. Their goal is to build friendly relations with the Iraqis.

PROGRESS

"We've opened up more schools (and) more health clinics," he said.

"If you talk to the average Iraqi... they're glad we're here and what we've done for them.

"We've given them things that most of them haven't experienced in their lifetime, and older folks that used to have some semblance of freedom have gotten it back and

now they're coming to terms; they're coming to grips with it and we're helping them do that."

By the summer of 2006, Iraqis will control nearly 75 percent of their sectors. Everyday, coalition hands over responsibility to Iraqis, Beam said. Many Iraqi police and military units plan and execute their own operations and impose the law of the land.

The police have established police headquarters and outposts, and continue to man checkpoints throughout the streets of Iraq, said Beam.

Beam spends a lot of time watching and talking with Iraqi Soldiers. Some units seem to lack the experience, but others seem to have the knowledge and capabilities to push the Iraqis forward with success.

As long as the Coalition continues to push them forward, experience and knowledge will follow for those units who seem to lack the experience.

Helping them continue this forward progress, military and police transition team trainers are embedded within the Iraqi units, he said.

"It's helping us set up and establish the



U.S. Army photo by Spc. Curt Squires, MNC-I PAO

An Iraqi police officer in Irbil, Iraq, directs traffic at a major intersection.

Iraqi Security Forces so they can go out (and) do their job under the (supervision) of those trainers," Beam added.

Pushing the Iraqis forward and allowing them to lead will help them secure their freedom, Beam said.

The next hundred days will be critical for the continuing success of the operation because the Coalition will push the Iraqis further forward, setting the tone for the next phase of the operation, said Beam.

He said the Iraqis will stand up their government, continue to lead operations and enact rule of law.

In order to continue the success, Beam said Coalition Forces must remain focused on the mission and continue to advance with evolving technologies to protect themselves and help defeat a very aggressive enemy.



U.S. Army photo by Spc. James P. Hunter, MNC-I PAO

Iraqi Army Soldiers with the 1st Battalion, 2nd Brigade, 8th Infantry Division conduct foot patrol training at an Iraqi Army base near forward operating base Charlie March 1.

Letters from home

Mr. Cecil D. Moore, C-3, MNC-I

We pray that our Father in Heaven will keep you and the many Soldiers and civilians serving there safe. We are so proud of you. Christopher, Christian and I Love and miss you dearly. Be safe and hurry home. Your darling wife Marion.

**TUNE IN TO
'OIF UPDATE'
EACH WEEK**

UPDATE

ONLINE AT: WWW.MNCI.CENTCOM.MIL

Chaplain's corner

What Is Your Word Worth

As a young teen (I haven't been this old all my life), I used to love going to buy a new car with my Dad. As a rural letter carrier (Postman), he would go through a car in just a year. I absolutely loved it – a new car every summer! Actually it wasn't NEW but a demo – last year's demo. I didn't care. It still smelled new and was clean and polished and ready to SCREAM down the highway.

You know how some car salesmen just bug the snot out of you – wearing you down and down till you finally throw in the towel and buy the car just to get out of the car lot! My Dad never dealt with them. He always went straight to the dealership owner. You can already tell this was probably long before many of you young Troopers were even born! (OK, I'm really starting to feel old now so let me shuffle on to the point of this story!)

Every car dealer in town – from GM, FORD, and MOPAR – knew my Dad was a man of his word. They did not even think about “dickering” with J.D. Herring. It just wasn't done! He followed the example of Jesus in Saint Matthew's Gospel, “Let your ‘Yes’ be ‘Yes,’ and your ‘No,’ ‘No.’” (Matthew 5:37)

Can you imagine a conversation that lasted less than three minutes? “What can I do for you today Mr. Herring?” said the dealership owner.

“I'd like to buy that blue '62 Impala hard top on the third row.



CH (MAJ) Charles M. Herring
Religious Support Operations
MNC-I Chaplain Office

How much does it sell for?” said Dad.

“Well, J.D. That is my last '62 and it has a four barrel carburetor (My heart leaped for joy – Dad is going to buy a four barrel.) Let's talk about the price” he eagerly pulled out the legal pad and scribbled down some numbers.

Dad didn't even look. He said, “I'll give you (whatever the amount was – I forgot) and will take the car today.”

“J.D. won't you consider...”

“Nope, what's it going to be, Yes or No. If 'No' I will go elsewhere; I'm not coming back. You've known me for several years. You know I'll do it.”

Wanting to out sell the Ford or MOPAR dealer more than make a killing on selling the Impala at his price, he said, “OK, J.D. It's yours.”

Both men stood at the same time.

They extended their hands for a firm “seal the deal” handshake. It was done. Over. I hadn't even enough time to finish my Royal Crown Cola and Nabs (that's another devotion – later).

I continue to strive to be a man of my word like Dad. My father knew it was important to speak and act as a man of faith. When he gave his word, he kept it. When he made a commitment, he honored it. When he took an obligation, he fulfilled it.

The older I become the more I learn my Dad was truly an honorable man. Again, if I become half the man....

What is your word worth?

SAFETY ALERT

HEADQUARTERS
MULTI-NATIONAL CORPS-IRAQ
BAGHDAD, IRAQ
APO AE 09342

PIC:GA-SA

MEMORANDUM FOR DISTRIBUTION

SUBJECT: Heat Injury Awareness and Heat Injury Prevention

Risk Management:

- Determine Heat Category (See Table).
- Enforce appropriate water intake and work/rest cycles (See Table).
- Modify intensity of activity and uniform to decrease risk.
- Plan events involving high performance training.
- Allow train-up conditioning and time for fluid replenishment, rest and recovery.

Heat Category	WBGT Index, (°F)	Easy Work		Moderate Work		Hard Work	
		Work	Rest	Work	Rest	Work	Rest
1	78-81.0	NL	%	NL	%	40/20 min	%
2	82-84.0	NL	%	50/10 min	%	30/30 min	%
3	85-87.0	NL	%	40/20 min	%	30/30 min	%
4	88-90.0	NL	%	30/30 min	%	20/40 min	%
5	> 90	50/10 min	1	20/40 min	1	10/50 min	1

Precautions:

- Soldiers need time to adjust. Full acclimatization can take up to 2 weeks.
- Gradually increasing work in heat allows for adaptation in hot climates.
- Soldiers recovering from injury/illness or in poor condition are at higher risk.
- Dehydration can worsen over several days of heat exposure.
- Acclimatization increases water requirements. Ensure fluid intake is increased.
- Adequate hydration is essential the night prior to strenuous activities.
- Heat stress accumulates during sequential days of strenuous activities.
- Encourage soldiers to eat regular meals to replace salt. Tablets are unnecessary.
- Certain dietary supplements (e.g. Ephedra, Ma Juang) and medications (e.g. Cold and Allergy medications) increase the risk of heat injuries. Warn soldiers prior to rigorous physical training.
- Medically screen soldiers with acute or chronic medical problems, those taking prescription or over-the-counter medications or dietary supplements and those with prior history of heat injury.

ENSURE WIDEST DISSEMINATION AND POST ON BULLETIN BOARDS
YELLOW HASH 06-13 POC MNC-I Safety Office, 822-4049

SAFETY ALERT

898th Medical Detachment (PM)

PRESENTS

UNIT FIELD SANITATION TEAM CERTIFICATION TRAINING

40 hour training course

Class Dates:

June 26-29, 30 seats available

Seats are on a first serve basis.

TO RESERVE SEATS PLEASE SEND NAME, UNIT,
AND E-MAIL ADDRESS TO:

Sgt. TIA SKERBECK

christia.skerbeck@iraq.centcom.mil

or

Staff Sgt. JEFFREY NOELLE

jeffrey.noelle@iraq.centcom.mil

DSN 318-822-2851

Ingredients for a successful mission

The right mix
every time



TASK FORCE DESERT FIGHTER
7.2 MILE RUN

JUNE 3, 2006 RUN BEGINS AT 6:00 A.M.
EMAIL: DESERTRUNNER@IRAQ.CENTCOM.MIL FOR REGISTRATION, PLEASE INCLUDE AGE, GENDER, AND UNIT

PRIZES
TOP MALE/ FEMALE PER AGE GROUP
17-24; 25-32; 33-40; 41 & OVER
OVERALL FASTEST MALE/FEMALE RUNNER

START POINT
STRAWBERRY HILL RD
CAMP LIBERTY
(REFER TO MAP)

FIRST 350 TO FINISH WILL RECEIVE A FREE T-SHIRT

TRANSPORTATION
DEPARTS SOUTH VICTORY GYM 4:45, 5:00, 5:15, 5:30 A.M.



TRANSPORTATION RETURNS TO SOUTH VICTORY GYM
7:45, 8:00, 8:15, 8:30 A.M.

ON YOUR MARK, GET SET, GO !!!!

MNF-I/MNC-I
HUMAN RELATIONS/EQUAL OPPORTUNITY OFFICE

PRESENTS

PREVENTION OF SEXUAL HARASSMENT(POSH) AND SEXUAL ASSAULT PREVENTION AND RESPONSE PROGRAM (SAPR) TRAINING

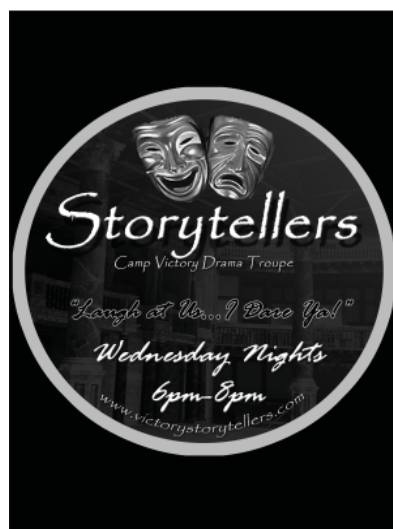



LOCATION
AL FAW PALACE BALLROOM

DATES
May 10, 18 and 23

TIMES
10 a.m. – 12 p.m.

POINT OF CONTACT FOR THIS TRAINING IS THE
MNC-I HR/EO OFFICE @ 822-3532/3545



Storytellers
Camp Victory Drama Troupe
"Laugh At Us...I Dare You!"
Wednesday Nights
6pm-8pm
www.victorystorytellers.com

DRIVE SAFELY !!

This driver was wearing his seat belt, driving within the speed limit and he was in his proper lane.



The driver of this vehicle had his life tragically altered by a reckless driver.
Don't be the OTHER driver!!



MNC-I SURGEON'S COMBAT MEDICAL TRAINING CENTER
PRESENTS

COMBAT LIFESAVER CERTIFICATION COURSE
BASIC LIFE SUPPORT COURSE
EMT REFRESHER COURSE

Combat Lifesaver Certification Course 17 SEATS PER CLASS 2 nd and 4 th Thursdays of Every Month	Basic Life Support Course 10 SEATS PER CLASS 1 st Friday and 1 st Monday of Every Month	EMT Refresher Course 10 SEATS PER CLASS 3 rd Monday of Every Month
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To reserve a seat or for more information, contact:

Staff Sgt. Christopher J. Davis
Christopher.Davis@iraq.centcom.mil
DSN: 822-1230

FIRST COME, FIRST SERVE
LOCATED AT BUILDING 5

VISIT
MULTI-NATIONAL CORPS IRAQ
and
VICTORY TIMES
ON THE WEB!




WWW.MNCI.CENTCOM.MIL

Operating hours

Coalition Cafe

Breakfast 5:30 - 8:30 a.m.
Lunch 11:30 a.m. - 2 p.m.
Dinner 5:30 - 8 p.m.
Midnight Dining 11 p.m. - 1 a.m.

Sports Oasis

Breakfast 5:30 - 8:30 a.m.
Lunch 11:30 a.m. - 2 p.m.
Dinner 5 - 9 p.m.

Shopette

Open 24 Hours

Camp Liberty Post Exchange

Everyday 8 a.m. - 10 p.m.

Fitness Center

Open 24 Hours

Post Office

Monday - Friday 9 a.m. - 5 p.m.
Saturday - 9 a.m. - 4 p.m.
Sunday 1 - 5 p.m.

Golby Troop Medical Clinic

Sick Call Hours:

Monday - Friday 7:30 a.m. - noon
Saturday & Sunday 9 a.m. - noon

Dental Sick Call:

Monday - Friday 7:30 - 10:30 a.m.
Saturday 9 - 10:30 a.m.

Mental Health Clinic:

Monday - Friday 8 a.m. - 4:30 p.m.
Saturday 9 a.m. - noon

Post Deployment Health Briefings:

Monday - Friday 1 p.m.

Pharmacy:

Monday - Friday 7:30 a.m. - noon, 1 - 4:30 p.m.

Saturday & Sunday 7:30 a.m. - noon

Legal Assistance/Claims

Saturday - Thursday 9 a.m. - 6 p.m.
Friday 9 a.m. - 4:30 p.m.

Personnel Service Support Centers

Monday - Saturday 9 a.m. - 5 p.m.
Sunday 9 a.m. - 1 p.m.

ID Cards

Monday - Friday
9 a.m. - 5 p.m.



AL FAW PALACE POST OFFICE SERVICE

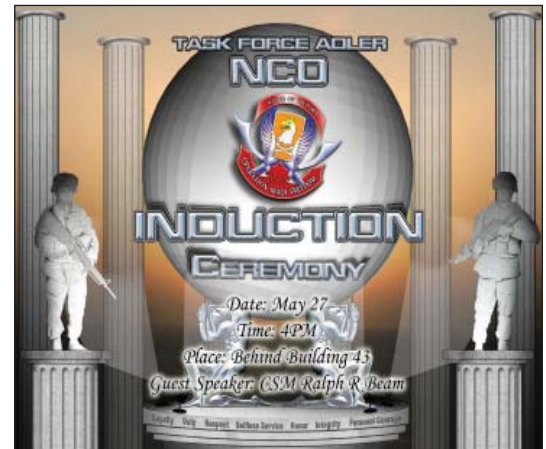


HOURS OF OPERATION:

Wed. 2 - 8 P.M.

Sun. 2 - 8 P.M.

Contact Camp Liberty Post Office for any questions. DSN 302-242-4391



GT Improvement Course

Is your GT score under 110 and holding you back?
Want to improve your GT score As soon as possible?

Where: Camp Victory Bldg. 27B

When: Monday - Friday

Start: June 5

Time: Morning Class 9 a.m. - 3 p.m.

Evening Class 5 p.m. - 11 p.m.

Graduate: June 23

Test: June 24 & 25

POC: educationcenter@iraq.centcom.mil

822-4725

822-4640

Submit letters from home

Is your loved one deployed in support of Multi-National Corps-Iraq? Would you like to write him or her a message in the Victory Times? Send messages, three to four lines of text to james.hunter@iraq.centcom.mil. Ensure to include Soldiers name, rank, and unit.

Victory Times welcomes columns, commentaries, articles and letters from our readers. Send submissions or comments to james.hunter@iraq.centcom.mil.

We reserve the right to edit for security, accuracy, propriety, policy, clarity and space.

Worship Opportunities	
Victory Chapel (Bldg. 31) Sunday: Traditional Protestant Service 7 and 8:45 a.m. Roman Catholic Confession 10 a.m. Roman Catholic Mass 10:30 a.m. Gospel Protestant Service noon Latter Day Saints Service 2 p.m. Episcopal/Lutheran Service 4 p.m. Contemporary Protestant Service 6 p.m. Saturday: 7th Day Adventist Service 11 a.m. Roman Catholic Mass 8 p.m.	
Mini-Chapel (Bldg. 2) Monday - Friday Roman Catholic Service 4 p.m. Friday: Jewish Service 6:30 p.m. Saturday: Orthodox: Orthodox Vespers 5 p.m. Orthodox Confession 5:30 p.m. Orthodox Bible Study 7 p.m. Sunday: Orthodox Divine Liturgy 9 p.m.	



MNC-I Commanding General: Lt. Gen. Peter W. Chiarelli
MNC-I Public Affairs Officer: Lt. Col. Michelle L. Martin-Hing
MNC-I PA Sergeant Major: Sgt. Maj. Paul J. Stevenson
MNC-I Command Info Chief: Sgt. 1st Class Laurence R. Lang
MNC-I Production Chief: Staff Sgt. Jason B. Baker
Victory Times Editor: Spc. James P. Hunter
Victory Times Staff writer/ photographers: Spc. Brian J. Anderson,
Spc. James P. Hunter, Spc. Curtis W. Squires, Lance Cpl. Drew Hendricks

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